



PSHE Curriculum

Intent, Implementation, Impact

INTENT

Hazelbury Bryan Primary School is committed to providing a high quality educational experience for all pupils. Our curriculum determines and underpins the whole ethos of our school. Our Personal, Social and Health Education (PSHE) curriculum will enable our children to become healthy, safe, independent and responsible members of society, bringing together citizenship with personal and mental well-being, whilst promoting fundamental British values. We wish to offer a cohesive whole-school approach which aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We are dedicated to ensuring that Hazelbury Bryan is a happy, stimulating and caring place and we expect high standards of behaviour, exceptional manners and an excellent, positive attitude to learning throughout the school.

Although PSHE is taught through discrete lessons, we endeavor to promote its importance and significance through our school values, school vision, all activities, assemblies, educational visits and extra-curricular clubs. We will actively encourage our children to take part in a range of practical roles and activities that promote active citizenship: Forest School, Gardening club, School Council and Eco Council. Pupils will be encouraged to become involved in whole school fundraising and to support younger pupils in school and local events. We aim to offer opportunities to meet and work with members of the community, such as: health workers, firefighters, police officers, librarians, sports coaches, secondary school teachers, artists, authors, representatives from the local church and representatives from various organisations to enrich their curriculum. We will participate in, and promote, National events such as: Anti-Bullying Week, Road Safety Week, Safer Internet Day and Walk to School Week.

IMPLEMENTATION

At Hazelbury Bryan Primary, we utilise a variety of resources and world-wide events to ensure full coverage of the PSHE curriculum. We build on the use of SCARF materials to ensure teaching of Relationships and Sex Education is centred on staying safe and making healthy choices. Our Core Values of Compassion, Courage, Resilience and Responsibility underpin all that we do and we celebrate a value each month, through assemblies and class activities. High quality texts, activities and assemblies enable us to teach aspects of the Equality Act 2010 from Nursery to Year 6.

'All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils.' Under section 78 of the Education Act 2002, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.'

Our PSHE curriculum aims to provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities.

Throughout the PSHE curriculum, pupils will learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

We hold whole school games sessions every Friday in order to provide 2 hours of physical activity a week. We utilise outdoor learning wherever possible, to support mental health and well-being and encourage fitness. We

have our very own Forest School and Gardening club. Research shows that exercise improves mental health by reducing anxiety, depression, and negative mood and by improving self-esteem and cognitive function. Exercise has also been found to alleviate symptoms such as low self-esteem and social withdrawal. For this reason, each class also has timetabled sessions of completing the 'Daily Mile'.

IMPACT

Our PSHE curriculum will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose and self worth
- Recognise their importance in the community
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Be mindful of others
- Develop positive mental health
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

The children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of Law and Liberty. They demonstrate a healthy outlook towards school, which impacts positively upon pupil behaviour and learning across the wider curriculum.

