



## Physical Education Curriculum



### Intent, Implementation, Impact

#### Intent

Hazelbury Bryan Primary School offers a coherently planned sequence of lessons to ensure that children have a varied and fulfilling Physical Education (PE) curriculum. We provide the opportunity for progression across the full breadth of the PE National Curriculum for KS1 and KS2 for both indoor and outdoor PE - helped by our brilliant resources and ground space, including our swimming pool. This progression is clearly identified on progression maps and each lesson has been carefully planned to match these. In KS1, the focus of the PE curriculum is on the development of the fundamental skills that will be built upon in KS2 when they are applied in specific sports. At Hazelbury Bryan Primary School, it is our intention to develop a lifelong love of physical activity, sport and PE in all young people. We aim to help ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork. Within each lesson, we strive to give every child the opportunity to develop skills in PE, consider the impact on their health and fitness, compete/perform and evaluate. These elements are always clearly identified both in lesson plans and on progression maps. All lessons are carefully differentiated which helps to ensure that learning is as tailored and inclusive as possible. Every year group has at least two hours of PE every week, including a whole Friday afternoon slot, and staff aim to ensure children get at least 15 minutes of exercise each day.

#### Implementation

At Hazelbury Bryan Primary School, we ensure teachers are equipped with secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum. Technical glossaries, skills posters and appropriate training support teachers in their subject knowledge, allowing them to share technical vocabulary and skills clearly, confidently and concisely. We know our teachers have the knowledge and skills they need to feel confident in teaching all areas of PE, regardless of their main areas of expertise. Lessons are planned alongside subject-specific progression maps to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is always considered and opportunities for revision and practise are built into lessons. However, this is not to say that this structure should be followed rigidly: it allows for this revision to become part of good practice and ultimately helps build depth to the children's knowledge, skills and understanding in PE. Within the wider school, there are a variety of further opportunities for physical activity to occur and be promoted. This includes the Daily Mile, equipment at break and lunch times, extra curricular clubs and activities, as well as opportunities to compete at sporting events within the local area. In upper KS2, we also have 'Bronze Ambassadors' who have participated in sports leader training and are involved in assisting with, setting up and leading various activities throughout the school year.

## **Impact**

Each unit of physical education taught at Hazelbury Bryan Primary School is mapped against the National Curriculum objectives and relevant progression documents to ensure that learners develop detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content. Our indoor units are often themed with strong cross-curricular links to other subjects and topics, such as The Romans and Sound. This all helps to make the learning memorable, allowing links to be made and ultimately creating a higher level of engagement, understanding and enjoyment. Thus, ensuring children are equipped with the necessary skills to appreciate the importance of physical activity and begin to take responsibility for their own health and fitness. Attainment and progress are measured using our assessment proformas in accordance with the National Curriculum objectives.

